

ARTICLE TITLE

Full Name¹, Full Name², ...

¹ Position, organization name

² Position, organization name

ABSTRACT

(100–300 words) — a brief description of the document in terms of its purpose, content, type, form, and other characteristics. The abstract should briefly outline the background and objectives of the study, main methods (including study design, sample formation, and main analytical methods), key results with numerical values and levels of statistical significance, and main conclusions. New and important aspects of the research should be highlighted.

The abstract must be structured and include the following sections: Introduction, Aim, Methods, Results, Conclusions.

Abstracts describing new research methods, data processing techniques, or individual clinical cases or observations should encourage the reader to refer to the full text of the article.

Keywords (3–6 words selected from the text of the article)

INTRODUCTION

AIM

MATERIALS AND METHODS

(Each original article must ensure reproducibility of the research results, describing the research methodology, including the origin of equipment and materials, methods of statistical data processing, and other means of ensuring reproducibility.)

RESULTS

Figures, tables, and diagrams must be numbered and include a title and source. They may be embedded in the text or their exact placement should be indicated. Each figure or table must be referenced in the text, for example: (Figure 4), (Table 3).

DISCUSSION

CONCLUSION

REFERENCES

1. Kislyak O. A., Starodubova A. V. The significance of assessing arterial stiffness and central pressure for cardiovascular risk evaluation and treatment outcomes in patients with arterial hypertension // *Consilium Medicum*. 2009. No. 10. URL: http://con-med.ru/magazines/consilium_medicum/3508/3516/?sphrase_id=2236 (accessed: 30.08.2013).

2. Machinskaya R. I., Krupskaya E. V. Maturation of brain regulatory structures and attention organization in primary school children // *Cognitive Studies*. Moscow: Institute of Psychology RAS Publishing House, 2008. Issue 2. P. 32–48.

3. Popova O. N. Characteristics of adaptive respiratory responses in young working-age individuals residing in the European North: Abstract of doctoral dissertation. Moscow, 2009. 34 p.

4. Poskotinova L. V. Autonomic regulation of heart rhythm and endocrine status of youth in the European North of Russia. Yekaterinburg: Ural Branch of the Russian Academy of Sciences, 2010. 229 p.

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